RESIDENTS' BREAKFAST

Start your day the right way with a Forest Park breakfast. We have a wonderful, extensive cold buffet with fresh juices and many locally sourced items. To complement your breakfast, we also serve coffee from the Coffee Bean Company and teas from the New Forest Tea Company.

Place your hot beverage order and hot food menu item with your server.

Full English Breakfast
Pork sausage, smoked bacon, grilled tomato, fresh mushrooms, baked beans, hash brown, choice of egg
G, E, D, SD / MU / 690 kcal

Light English Breakfast
Pork sausage, smoked bacon, grilled tomato, choice of egg G, S, CE / 356 kcal

Vegan Breakfast
Vegan black pudding, grilled tomato, fresh mushrooms, baked beans, hash brown, vegan sausage
G, S, CE / 391 kcal VE
Add Buttered Spinach & Egg **D, E** / 179 kcal V

Eggs on Toast
A brace of eggs cooked your way, toasted bloomer
G, E, D, SD / 308 kcal V, GFO

Bacon Bap
Toasted brioche bun, smoked bacon **G, SD** / 221 kcal
Add an Egg **E** / SD / 54 kcal

Sausage Bap
Toasted brioche bun, pork sausage **G, SD** / 315 kcal
Add an Egg **E** / SD / 54 kcal

Buttermilk Pancakes with Maple Syrup
Your choice of smoked bacon or sliced banana
G, E, D, SD / bacon 740 kcal, banana 695 kcal VO

À LA CARTE

5.00pp supplement

Eggs Benedict
English muffin, honey-glazed ham, two poached eggs, hollandaise sauce
G, E, D, SD / S / 457 kcal

Eggs Royale
English muffin, smoked Chalk Stream trout, two poached eggs, hollandaise sauce
G, E, D, S, D, F / MO, S / 517 kcal

Eggs Florentine
English muffin, wilted spinach, two poached eggs, hollandaise sauce
G, E, D, SD / S / 367 kcal V

Smoked Salmon & Potato Pancake
Soft scrambled eggs, smoked salmon, potato pancake, fresh herbs
G, F, E, D, SD / MO, S / 566 kcal

If you're planning lunch or dinner with us we advise advance reservations.

V (VO): Vegetarian (on request) VE (VEO): Vegan (on request) GF (GFO): Gluten-Free (on request)

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.

Allergens (**Contains** / May Contain): C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

FOREST PARK

COUNTRY HOTEL & INN

Which? Recommended Provider – Large Hotel Chains – November 2025

THE COACHING INN GROUP

AA Rosette award for culinary excellence 2026

Part of The Coaching Inn Group

www.forestpark-hotel.co.uk