

**FOREST PARK**  
COUNTRY HOTEL & INN

## SUNDAY MENU

### — WHILE YOU WAIT —

#### Homemade Cumin Houmous 7

Toasted sourdough flatbread  
VE, GFO G, SD, SE / S, E, D, CE, MU 519 kcal

#### Freshly Baked Bread 7.50

Balsamic, extra virgin olive oil, butter  
V, VEO G, D, SD / N, S, E, SE 1160 kcal

#### Marinated Mediterranean Olives 6

VE, GF 350 kcal

### — SIDES —

#### Chunky Chips 5

Herb salt VE, GFO SD / CE 344 kcal

#### Cauliflower Cheese Gratin 6

D, MU, G, F / S 443 kcal

#### Crow Farm Sausage Bites 8

BBQ sauce G, CE, MU, SD 702 kcal

#### Seasonal Vegetables 5

Carrot top chimichurri VE, GF 412 kcal

#### Simple Salad 4.50

Baby leaf, radish, cucumber, cherry tomato  
VE, GF MU / L, CE 66 kcal



#### Invisible Chips 2

0% Fat, 100% Hospitality

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Visit [hospitalityaction.org.uk](http://hospitalityaction.org.uk)

### — STARTERS —

#### Soup of the Day 7.80

White or granary sourdough, traditionally churned butter  
VEO, GFO ASK FOR ALLERGENS & CALORIES

#### Chicken Liver Parfait 9.50

Spiced cranberry chutney,  
Forest Park Ale pickled onions, toasted brioche  
GFO G, E, D / N, S, CE, MU, SE, SD 624 kcal

#### Pan-Fried King Oyster Mushrooms 10.50

Miso aioli, pickled samphire, nori dust  
VE, GF S, MU, SD / C, MO, F, CE 422 kcal

#### Classic Prawn Cocktail 12.50

Marie rose sauce, lemon, melba toast  
GFO C, E, D, CE, MU, SD, G 201 kcal

#### Bang Bang Salad 10

Cucumber, carrot, chilli, Hampshire watercress,  
iceberg lettuce, peanut dressing  
VE, GF P, N, S, SD / L, CE, MU 337 kcal  
Add chicken 4 145kcal

#### Harrisa Lamb 12

Houmous, pomegranate, herbed yoghurt  
GF S, SD / N, CE, MU, SE, G 636 kcal

### — SUNDAY BEST —

Please ask for today's selection of classic roasted meats, all served with Chef's roasted potatoes, season's best vegetables, Yorkshire pudding, Chef's gravy (vegetarian or meat) ALLERGENS & CALORIES ON REQUEST

#### Roast Beef Striploin 25 GFO

#### Roast Pork Belly 22 GFO

#### Chef's Roast of the Day 23 GFO

#### All Three Roast Meats 27 GFO

#### Classic Nut Roast 19

#### Children's Roast 14 GFO

### — SEASONAL MAINS —

#### Forest Park Ale-Battered Haddock small 13 / large 19

Chunky chips, homemade tartare sauce, garden peas  
GFO G, F, E, MU, SD / S, CE 1083 kcal / 1395 kcal

#### Chef's Pie of the Day 19

ASK FOR ALLERGENS & CALORIES

#### Forest Park Gourmet Prime Mince Steak Burger 18.50

Tomato, onion marmalade, crispy onions, gherkin,  
Forest Park burger sauce, chunky chips  
G, E, MU, SD / L, CE 850 kcal  
Add grilled cheese 2 D, E 122 kcal,  
grilled smoked bacon 2 128 kcal

#### Moving Mountains Vegan Burger 17.50

Tomatoes, onion marmalade, crispy onions,  
vegan mayonnaise, gherkin, chunky chips  
VE G, S, MU, SD / P, L, N, CE 911 kcal

#### Steak Frites 25

Picanha rump, shoestring fries,  
black garlic & parsley butter, watercress salad  
GFO D / CE, MU 945 kcal

#### Caesar Salad 14

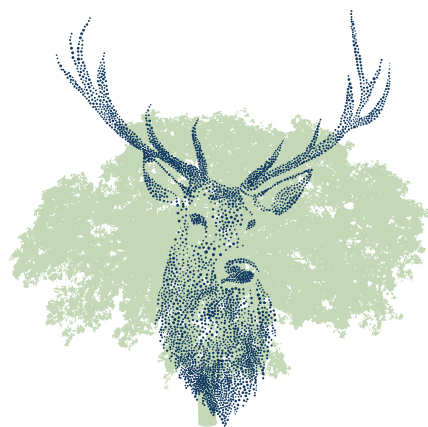
Herb croutons, shaved Parmesan,  
smoked anchovies  
GFO G, F, E, D, MU / SE 403 kcal  
Add chicken 4 145 kcal

#### Sweet Potato & Spinach Curry 17

Steamed rice, flat bread, mango chutney  
VE, GFO G, N, D / P, CE, MU, SE, SD 985 kcal

#### Roasted Celeriac Steak 16

Celeriac cream, pickled celery,  
tenderstem broccoli, truffle jus  
VE, GF CE, MU, SD 460 kcal



# FOREST PARK

COUNTRY HOTEL & INN

Head Chef Aksenia and the kitchen team are passionate about what they do. Our food is cooked freshly to order. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best.

**V (VO):** Vegetarian (on request) **VE (VEO):** Vegan (on request) **GF (GFO):** Gluten-Free (on request)

**If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.**

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

Allergens (**Contains** / May Contain): C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten  
L: Lupin / N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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[www.forestpark-hotel.co.uk](http://www.forestpark-hotel.co.uk)

