



FOREST PARK
COUNTRY HOTEL & INN

SUNDAY MENU

WHILE YOU WAIT

Homemade Cumin Houmous 6.50

Toasted sourdough flatbread
VE, GFO G, SD / S, E, D, CE, MU, SE, N 519 kcal

Freshly Baked Bread 7.50

Balsamic, extra virgin olive oil, butter
V, VEO G, D, SD / N, S, E, SE 1160 kcal

Marinated Mediterranean Olives 6

VE, GF N 350 kcal

SIDES

Chunky Chips 5

Herb salt VE, GFO SD / CE 344 kcal

Simple Salad 4.50

Baby leaf, radish, cucumber, cherry tomato
VE, GF MU / L, CE 66 kcal

Mini Caesar Salad 5

Bacon, Parmesan & herb crostinis
F, E, D / SE 327 kcal

Cauliflower Cheese Gratin 6

V G, F, D, MU / S 443 kcal

Crow Farm Sausage Bites 8

BBQ sauce G, CE, MU, SD 702 kcal

Garlic Bread 5

V, VEO, GFO G, D, SD / S, E 482 kcal



Invisible Chips 2

0% Fat, 100% Hospitality

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Visit hospitalityaction.org.uk

STARTERS

Soup of the Day 7.60

White or granary sourdough, traditionally churned butter
VEO, GFO ASK FOR ALLERGENS & CALORIES

New Forest Game Terrine 12

Sourdough croutons, seasonal leaves, blackberries
G, E, MU, SD / S, CE, SE 385 kcal

Warm Salt-Baked & Cumin-Spiced Beetroot Salad 10.50

Basil walnut pesto, pickled walnuts, truffle oil,
Rosary Ash goat's cheese crumb
V G, N, D, SD 565 kcal

Chicken Liver Parfait 9.50

Spiced cranberry chutney,
Forest Park Ale pickled onions, toasted brioche
GFO G, E, D / N, S, CE, MU, SE, SD 624 kcal

Harissa Lamb 12

Houmous, pomegranate, herbed yoghurt
GF S, SD / N, CE, MU, SE, G 636 kcal

Pan-Fried King Oyster Mushrooms 10.50

Miso aioli, pickled samphire, nori dust
VE, GF S, MU, SD / C, MO, F, CE 422 kcal

SUNDAY BEST

Please ask for today's selection of classic roasted meats, all served with Chef's roasted potatoes, season's best vegetables,
Yorkshire pudding, Chef's gravy (vegetarian or meat) ALLERGENS & CALORIES ON REQUEST

Roast Beef Striploin 24 GF ON REQUEST

Chef's Roast of the Day 22 GF ON REQUEST

All Three Roast Meats 26.50 GF ON REQUEST

Classic Nut Roast 19

Children's Roast 14 GF ON REQUEST

SEASONAL MAINS

Forest Park Ale-Battered Haddock

small 13 / large 19

Chunky chips, homemade tartare sauce, garden peas
GFO G, F, E, MU, SD, MO / S, CE 1083 kcal / 1395 kcal

Local Market Fish of the Day POA

ASK FOR ALLERGENS & CALORIES

Forest Park Gourmet Prime Mince Steak Burger 18.25

Tomato, onion marmalade, crispy onions, gherkin,
Forest Park burger sauce, chunky chips
G, E, MU, SD / L, CE 850 kcal

Add grilled cheese 2 D, E 122 kcal,
grilled smoked bacon 2 128 kcal

Moving Mountains Vegan Burger 17.50

Tomatoes, onion marmalade, crispy onions,
vegan mayonnaise, gherkin, chunky chips
VE G, S, MU, SD / P, L, N, CE 911 kcal

Steak Frites 24

Picanha rump, shoestring fries, black garlic & parsley butter,
watercress salad GFO D / CE, MU, G 945 kcal

Slow-Roasted Pork Belly 25

Red wine-braised pork cheek, red cabbage,
Tenderstem broccoli, garlic & thyme dauphinoise
GF D, SD / CE, MU 1065 kcal

Chickpea & Coconut Curry 17

Cauliflower achar, mango chutney,
naan bread, steamed basmati rice
V, GFO G, N, D, MU, SD / C, F, P, S, CE 1282 kcal

Caesar Salad 14

Herb croutons, shaved Parmesan, smoked anchovies
GFO G, F, E, D / SE 403 kcal Add chicken 4 149 kcal

Avocado Caesar Salad 12

Herb croutons, shaved Parmesan, avocado dressing,
crispy chickpeas V, GFO G, E, D 518 kcal



FOREST PARK

COUNTRY HOTEL & INN

Head Chef Cameron and the kitchen team are passionate about what they do. Our food is cooked freshly to order. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best.

V (VO): Vegetarian (on request) **VE (VEO):** Vegan (on request) **GF (GFO):** Gluten-Free (on request)

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

Allergens (**Contains** / May Contain): C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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www.forestpark-hotel.co.uk

