



FOREST PARK
COUNTRY HOTEL & INN

RESTAURANT MENU

— WHILE YOU WAIT —

Homemade Cumin Houmous 6.50

Toasted sourdough flatbread
VE, GFO G, SD / S, E, D, CE, MU, SE, N 519 kcal

Freshly Baked Bread 7.50

Balsamic, extra virgin olive oil, butter
V, VEO G, D, SD / N, S, E, SE 1160 kcal

Marinated Mediterranean Olives 6

VE, GF N 350 kcal

Curried Cauliflower Popcorn 6.50

Coriander yoghurt, mango chutney
GF, VE S, MU, SD / G, N, CE, SE 891 kcal

Crow Farm Sausage Bites 8

BBQ sauce G, CE, MU, SD / N 702 kcal

— SIDES —

Chunky Chips 5

Herb salt VE, GFO SD / CE 344 kcal

Simple Salad 4.50

Baby leaf, radish, cucumber, cherry tomato
VE, GF MU / L, CE 66 kcal

Sweet Garlic & Olive Oil Mash 5 v D 397 kcal

Steamed New Potatoes 5

Pickled samphire V, VEO D / C, MO, F, CE, MU 393 kcal

Seasonal Vegetables 5

Carrot top chimichurri VE, GF 412 kcal



Invisible Chips 2

0% Fat, 100% Hospitality

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Visit hospitalityaction.org.uk

— STARTERS —

Soup of the Day 7.60

White or granary sourdough,
traditionally churned butter
VEO, GFO ASK FOR ALLERGENS & CALORIES

Chicken Liver Parfait 9.50

Spiced cranberry chutney,
Forest Park Ale pickled onions,
toasted brioche
GFO G, E, D /
N, S, CE, MU, SE, SD 624 kcal

Pan-Fried King Oyster Mushrooms 10.50

Miso aioli, pickled samphire, nori dust
VE, GF S, MU, SD / C, MO, F, CE 422 kcal

New Forest Game Terrine 12

Sourdough croutons,
seasonal leaves, blackberries
G, E, MU, SD / S, CE, SE 385 kcal

Seared Scallops 15.50

Cauliflower purée, curried cauliflower,
cured scallop roe
GF MO, D, MU, SD / C, F, CE 366 kcal

Jerusalem Artichoke 11.50

Mixed leaves, pear,
pickled blackberries, Stilton
V, GF D, SD / G, S, CE, MU, SE 333 kcal

Chargrilled King Prawns 12

Tom yum, coconut, crispy onion, prawn oil
GFO G, C, F, S, SD / CE, MU 351 kcal

— SEASONAL MAINS —

Herb-Roasted Chicken Supreme 24

Heritage carrots, potato gratin,
sautéed New Forest wild mushrooms,
charred leek, tarragon cream
GF D, SD / CE, MU 1132 kcal

Pan-Fried Salmon 27

Confit fennel, pickled shallots,
fondant potato,
lobster granola, bisque sauce
GFO G, C, MO, F, N, D, CE, SD / P 1166 kcal

Slow-Roasted Pork Belly 25

Red wine-braised pork cheek,
red cabbage, Tenderstem broccoli,
garlic & thyme dauphinoise
GF D, SD / CE, MU 1065 kcal

Local Market Fish of the Day POA

ASK FOR ALLERGENS & CALORIES

Braised Lamb Shank 34

Rooibos red wine jus, confit garlic mash,
New Forest honey-roasted beef-fat carrot
GF D, SD 659 kcal

Spiced Beef Picanha 24

Carrot & star anise purée,
pickled carrots, potato fondant
carrot top chimichurri
GF D, CE, SD / MU 1244 kcal

Chickpea & Coconut Curry 17

Cauliflower achar, mango chutney,
naan bread, steamed basmati rice
V, GFO G, N, D, MU, SD
/ C, F, P, S, CE 1282 kcal

Aubergine Piccata 17

Charred cherry tomatoes,
smoked rose harissa,
herbed vegan yoghurt
VE, GF S / G, N, CE, MU, F 421 kcal



FOREST PARK

COUNTRY HOTEL & INN

Head Chef Cameron and the kitchen team are passionate about what they do. Our food is cooked freshly to order. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best.

V (VO): Vegetarian (on request) **VE (VEO):** Vegan (on request) **GF (GFO):** Gluten-Free (on request)

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

Allergens (**Contains** / May Contain): C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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www.forestpark-hotel.co.uk

