



FOREST PARK

COUNTRY HOTEL & INN

RESIDENTS' BREAKFAST

Today is the start of a new day

Start your day the right way with a Forest Park breakfast. We have a wonderful, extensive cold buffet with fresh juices and many locally sourced items. To complement your breakfast, we also serve locally roasted coffee and teas from the New Forest Tea company.

Place your hot beverage order and hot food menu item with your server.

Full English Breakfast

Crow Farm pork sausage, smoked bacon, grilled tomato, fresh mushrooms, baked beans, hash brown, choice of egg
G, E, D, SD 690 kcal

Light English Breakfast

Crow Farm pork sausage, smoked bacon, grilled tomato, choice of egg
G, E, D, SD 479 kcal

Vegan Breakfast

Vegan black pudding, vegan sausage, grilled tomato, fresh mushrooms, baked beans, hash brown,
VE G, S, CE 356 kcal
Add buttered spinach and egg **V D, E** 179 kcal

Eggs on Toast

Eggs cooked your way, toasted bloomer
GFO G, E, D 338 kcal

Bacon Bap

Toasted brioche bun, smoked bacon
G 221 kcal Add an egg **E** 60 kcal

Sausage Bap

Toasted brioche bun, Crow Farm pork sausage
G, D, SD 267 kcal Add an egg **E** 60 kcal

Buttermilk Pancakes

Maple syrup, choice of smoked bacon or sliced banana
VO G, E, D bacon 740 kcal / banana 695 kcal

À LA CARTE

5pp supplement

Eggs Benedict

English muffin, honey-glazed ham, poached egg, hollandaise sauce
G, E, D / S 457 kcal

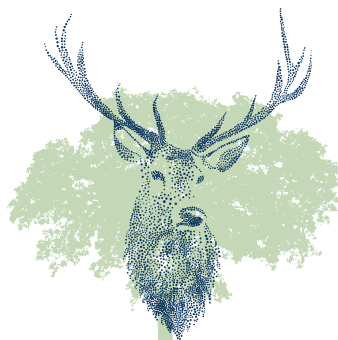
Eggs Royale

English muffin, smoked chalkstream trout, poached egg, hollandaise sauce
G, E, D, F / S 448 kcal

Eggs Florentine

English muffin, wilted spinach, poached egg, hollandaise sauce
V G, E, D / S 367 kcal

If you're planning lunch or dinner with us we advise advance reservations.



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Head Chef Cameron and the kitchen team are passionate about what they do. Our food is cooked freshly to order. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best.

V (VO): Vegetarian (on request) VE (VEO): Vegan (on request)
GF (GFO): Gluten-Free (on request)

**If you have a food allergy, intolerance or sensitivity,
please speak to your server before ordering your meal.**

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

Allergens (**Contains** / May Contain): C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts
G: Gluten / L: Lupin / N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



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www.forestpark-hotel.co.uk

