



FOREST PARK

COUNTRY HOTEL & INN

HOT DRINKS

Red Garage New Forest Roast
Coffee (Regular/Decaf)
Cadbury's Hot Chocolate or
selection of Ringtons Teas

Milk Selection

Semi Skimmed/Soy/Almond/
Coconut/Oat

JUICES

Fresh Orange Juice
Fresh Cloudy Apple
Strawberry
Hydration Multivitamin

YOGHURTS

Choose from one of our live
Longley Farm Yoghurts

Strawberry
Natural
Hazelnut
Blackcurrant

MERRY MORNING (supplement applies)

Black Cow Bloody Mary 10
Orange Moët Mimosas 10
Peach Moët Bellini 10
Moët & Chandon Champagne 9
Brook Hill New Forest
Sparkling Wine 7

FOREST BREAKFAST

Good Morning

Please choose your drink and food items and order together with your server. There is no Buffet service at this current time.

Breakfast is served in three sittings to avoid crowding

Monday to Friday - 7.30-8.00/8.15-8.45/9.00-9.30

Weekend and Bank Holiday - 8-8.45/9-9.30/9.45-10.15

Please book with reception the day before.

Full Breakfast 15.00 pp / Continental Breakfast 10.00pp

HEALTHY BOWLS

Fresh Fruit Bowl - water melon, honeydew melon, pineapple, berries

Forest Park Bowl - organic New Forest honey, banana, granola, seeds, natural Longley farm yoghurt

Stewed Prunes in juice

Porridge Oats - cooked oats with milk, organic New Forest honey,

Coconut Porridge Oats

CEREALS

Kellogg's Cornflakes - available gluten free

Kellogg's Rice Krispies

Kellogg's Special K - available gluten free

Kellogg's Bran Flakes

Weetabix - available gluten free

Muesli - available gluten free

Granola - available gluten free

CONTINENTAL

1. Sliced cheddar, sliced York ham, sliced tomato, sourdough brioche roll, extra virgin olive oil

2. Sliced cheddar, sliced York ham, avocado & tomato on granary or white sourdough toast

If you have any food intolerances, allergies or special diets please ask a member of the team and inform them of your requirements. Whilst we do everything to avoid cross contamination, we cannot guarantee our food is completely free of allergens and may contain trace.

ENGLISH BREAKFAST (not included in Continental Breakfast)

Full English - Crow Farm grilled sausage, smoked bacon, grilled tomato, mushrooms, baked beans, hash brown and fried egg (or poached/ scrambled)

Small English - Crow Farm grilled sausage, smoked bacon, grilled tomato and fried egg (or poached/scrambled)

Breakfast Bap - brioche bun, fried egg, bacon, sausage

Vegetarian - vegetarian sausage, grilled tomato, mushrooms, hash brown, crushed avocado and your choice of Claytons egg

Vegan - avocado, grilled tomato, mushrooms, hash brown, hummus

Brown or White toast available - salted butter or flora available Ketchup or Brown Sauce available

A LA CARTE (Supplement applies)

Scottish Smoked Salmon - 7.00

Toasted bagel, capers, red onion, cream cheese

Eggs Benedict - 6.00

Ham, English muffin, poached egg, hollandaise

Eggs Royale - 7.00

Smoked salmon, English muffin, poached egg, hollandaise

Eggs Florentine - 5.00

Spinach, English muffin, poached egg, hollandaise

SIDES

New Forest Naked Jam - strawberry, marmalade, seasonal fruit

New Forest Noble Bee Raw Honey

Granary or White Sliced Sourdough Bread

Croissant (plain, raisin, chocolate)

Toasted Bagel

Brown or White Sliced Toast - salted butter or Flora available

If your planning dining with us for Lunch or Dinner, we would recommend reservations due to limited table availability

Have a wonderful day with us in the New Forest National Park