

TAPAS & STARTERS

OLIVES 4.90 (V/VG/GF)

Citrus & cardamon marinade

CROW FARM SAUSAGE BITES 6.80

Homemade mustard

SEASONED CHICKEN WINGS 6.60 (GF)

Curried BBQ marinade

ROASTED CAULIFLOWER, FENNEL, CHILLI & LYBURN CHEESE CROQUETTES 7.50 (V)

Isle of Wight cherry tomato salsa

CRISPY PANEER 7.00 (V)

Homemade sweet chilli & coriander salsa

FRESHLY BAKED BREAD SELECTION 5.00 (V/VGA/GFA)

Extra virgin olive oil & creamy Dorset salted butter

WASABI CALAMARI 8.90

Smoked Isle of Wight garlic aioli

ROASTED SWEET RED PEPPER HUMMUS 5.80 (V/VG/GF)

Pitta bread

TIGER PRAWNS & CHORIZO 9.80 (GF)

Chilli & coriander

CRISPY BELLY OF PORK 8.50 (GF)

Teriyaki glaze

SANDWICHES

Served on a choice of granary sourdough, white sourdough or gluten free bread with gourmet tortilla chips and celeriac remoulade

PASTRAMI 9.50

Sliced pickled gherkin Dijon mustard, Emmental cheese

SMOKED SALMON, CHIVE & CAPER CREAM CHEESE 9.50

Cucumber ribbons

FLUFFETT'S FREE RANGE EGG MAYONNAISE 8.00 (V)

Mustard & watercress

SANDRIDGE FARM ROASTED HAM 8.00

Homemade mustard

GRILLED MINUTE STEAK 10.50

Sweet roasted pepper mayonnaise & pickled onion

OPEN GRANARY TOAST WITH CRUSHED AVOCADO 8.50 (V/VG)

Isle of Wight tomatoes & watercress

GRATED LYBURN OLD WINCHESTER CHEESE 8.00 (V)

Branston pickle

ADD A BOWL OF HOMEMADE SOUP WITH YOUR SANDWICH 5.00

VEGETARIAN (V), VEGAN (VG), GLUTEN FREE (GF), VEGAN ALTERNATIVE (VGA), GLUTEN FREE ALTERNATIVE (GFA)

If you have any food intolerances, allergies or special diets please ask a member of the team and inform them of your requirements. Whilst we do everything to avoid cross contamination, we cannot guarantee our food is completely free of allergens and may contain trace.



ILLY COFFEE

Espresso - **3.00**/double - **3.90**

Macchiato - **3.00**

Cortado - **3.00**

Americano - **3.00** / double shot - **4.00**

Cappuccino - **3.30**/ double shot - **4.30**

Latte - **3.30**/ double shot - **4.30**

Flat White - double shot - **4.30**

Mocha - **3.90**

Hot Chocolate Milk - **3.50**

Horlicks Malted Milk - **3.50**

Iced Coffee with Milk - **3.50**

Cafetière of Coffee - small - **3.50**

Cafetière of Coffee - large - **4.90**

Milks - Oat/Almond/Coconut/Soya

Forest Park Bar Cake - like Mum used to make - **2.90** ask server for today's options

Danish Pastries & Croissants (2) - **2.50**

NEW FOREST CREAM TEA - 5.90

Homemade raisin & plain scone (2) with clotted cream and New Forest Naked strawberry jam
(hot drink not included with this item, please order in addition)

PREMIUM TEAS

Selection of Ringtons Teas. Pot for One - **3.50**

English Breakfast | Earl Grey | Peppermint | Lemon Ginger | Red Bush

Green Tea | Chamomile | Berry & Elderflower | Decaffeinated