

LIGHT
SELECTION
MENU



FOREST PARK
COUNTRY HOTEL & INN

SERVED

7 Days a week
Noon till 17.00 hrs

SHARING

Poole Bay Oysters – served with tabasco, lemon & shallot vinaigrette - **3.50 each /6 for 20**
(subject to seasonal availability)

Freshly Baked Artisan Bread Selection with New Forest Blox butter,
extra virgin olive oil & aged balsamic - **4.50**

Mixed Marinated Olives - **3.90**

Hummus of the Day - **3.90**

Free Range Seasoned Chicken Wings - homemade curried BBQ sauce,
inferno or blue cheese sauce - **6.50**

Crow Farm Sausage Bites - homemade curried BBQ sauce & English mustard - **6**

Joe & Seph's - Air Popped Gourmet Popcorn - **2**

SANDWICHES

Forest Club Sandwich – lettuce, tomato, egg mayonnaise, chicken and crispy bacon - **8**

Steak - caramelized onion, sweet pepper and grilled minute steak in ciabatta bread - **8**

Welsh Rarebit - Lyburn garlic and nettle cheese, pickled walnut & English mustard - **8**

Smoked Salmon - chives cream cheese, capers - **9**

Crayfish - light Marie rose mayonnaise - **8**

Locally Dry Cured Ham - light mayonnaise, avocado slices & tomato - **8**

Jubilee Chicken - free range chicken, mayonnaise, sultanas, curry & leaves - **8**

Free Range Egg - Claytons free range egg, light mayonnaise, Dijon mustard & watercress - **8**

Avocado & Maple Glazed Tofu - avocado, cured tofu, red onion, cress and sweet mustard (vegan) - **8**

All served on granary or white bloomer bread with seasonal leaves, root vegetable crisps & sauerkraut, prepared with Breadport bakery & New Forest Blox Butter

SOUP & SANDWICH - 12

Chef's Soup of The Day & your choice of Sandwich from above

If you have any food intolerances, allergies or special diets please ask a member of the team and inform them of your requirements. Whilst we do everything to avoid cross contamination, we cannot guarantee our food is completely free of allergens and may contain trace.

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SERVED
Monday - Saturday
12.00 noon - 3.00pm



ILLY COFFEE

Espresso - **2.90**/double - **4.90**

Macchiato - **3.00**

Americano - **3.00** / double shot - **5.00**

Cappuccino - **3.30**/ double shot - **5.30**

Latte - **3.30**/ double shot - **5.30**

Soy Latte - **3.50**

Mocha - **3.90**

Hot Chocolate Milk - **3.50**

Iced Coffee with Milk - **3.50**

Cafetière of Illy Coffee - small - **3.50**

Cafetière of Illy Coffee - large - **4.90**

Forest Park Bar Cake - like Mum used to Make - **2.90** ask server for today's options

Danish Pastries & Croissants - **2.50**

NEW FOREST CREAM TEA - 8.50

Home made raisin scones with clotted cream and New Forest naked strawberry jam

PREMIUM TEAS

Selection of Ringtons Teas. Pot for Two - **3.50**

English Breakfast | Earl Grey | Peppermint | Lemon Ginger | Red Bush

Green Tea | Chamomile | Berry & Elderflower | Decaffeinated